

JANUARY 2024

BREAKFAST MENU

MON	TUE	WED	THU	FRI
1 No School	2 Mini Confetti Pancakes w/Syrup Cup Diced Pears Milk & OJ	3 Cinnamon Roll Diced Peaches Milk & OJ	4 Double Chocolate Muffin Top Assorted Fruit Cups Milk & OJ	5 Frosted Long John Mandarin Oranges Milk & OJ
8 No School	9 Mini Cinnamon Toast Waffles w/Syrup Tropical Fruit Milk & OJ	10 Chocolate Tiger Bites® Yogurt Clementine Milk & OJ BMS & NHS: Biscuits & Gravy	11 Sausage, Egg, & Cheese Breakfast Sandwich Raisins Milk & OJ	12 Mini Powdered Sugar Donuts Strawberry Applesauce Milk & OJ
15 Bacon Breakfast Pizza Mixed Fruit Milk & OJ	16 Poffitz® Mini Pancakes w/Syrup Diced Pears Milk & OJ	17 Mini Sausage Pancake Wraps w/Syrup Red Grapes Milk & OJ	18 Bacon, Egg, & Cheese Breakfast Sandwich Dried Cranberries Milk & OJ	19 Cinnamon Pretzel Stick Mandarin Oranges Milk & OJ
22 Blueberry Muffin Top Diced Peaches Milk & OJ BMS & NHS: Biscuits & Gravy	23 Mini Chocolate Chip French Toast w/Syrup Tropical Fruit Milk & OJ	24 Frudel® California Fruit Cup Milk & OJ	25 Chocolate Chip Waffle Snaps Yogurt Cook's Choice of Fruit Milk & OJ	26 Mini Chocolate Donuts Assorted Applesauce Milk & OJ
29 Sausage Breakfast Pizza Mixed Fruit Milk & OJ	30 Blueberry Muffin Top Diced Peaches Milk & OJ BMS & NHS: Biscuits & Gravy	31 Mini Maple Waffles w/Syrup Diced Pears Milk & OJ		

***MENUS ARE SUBJECT TO CHANGE**

****MEAL PRICES**
STUDENT BREAKFAST: \$2.00
REDUCED STUDENT: \$0.30
ADULT BREAKFAST: \$2.50
MILK: \$0.50

*****THIS IS AN EQUAL OPPORTUNITY PROVIDER**

******IF YOU WANT TO PURCHASE JUST A MILK, YOU MUST HAVE MONEY IN YOUR LUNCH ACCOUNT**

NHS:
cold brew coffee will be available daily beginning january 2nd

JANUARY 2024 ELEMENTARY MENU

*MENUS ARE
SUBJECT TO
CHANGE

MON	TUE	WED	THU	FRI
1 No School	2 Option 1: Eggo® Waffles Cheese Omelet Option 2: Ham & Cheese Sandwich Choice of: Hash Brown Patty Diced Apricots	3 Option 1: Chicken Nuggets Roll w/Butter Option 2: Italian Deli Sandwich Choice of: Mashed Potatoes Mandarin Oranges	4 Option 1: Pizza Crunchers w/Marinara Cups Option 2: Cardinal Kid Pack Choice of: Baked Beans Craisins®	5 Option 1: Cheese Lasagna Roll-Ups Breadstick Option 2: Yogurt Cup w/Granola String Cheese Choice of: Ranch Veggie Salad Frozen Fruit Cup
8 No School	8 Option 1: Breaded Chicken Sandwich Option 2: Ham & Cheese Sandwich Choice of: Sweet Potato Fries Apple Slices	9 Option 1: Shredded Turkey & Gravy Roll w/Butter Option 2: Italian Deli Sandwich Choice of: Mashed Potatoes Grapes	10 Option 1: Mini Corn Dogs Option 2: Cardinal Kid Pack Choice of: Baked Beans Mixed Fruit	11 Option 1: Wild Mike's® Cheese Bites w/Marinara Cups Option 2: Yogurt Cup w/Granola String Cheese Choice of: Tossed Romaine Salad Rosy Applesauce
15 Option 1: Pancakes Egg Patties Option 2: Turkey & Cheese Sandwich Choice of: Tater Tots Blueberries	16 Option 1: Walking Tacos Option 2: Ham & Cheese Sandwich Choice of: Texas Ranchero Beans Kiwi Halves	17 Option 1: Chicken Strips Breadstick Option 2: Italian Deli Sandwich Choice of: Green Beans Cook's Choice of Fruit	18 Option 1: Cheese Pizza Option 2: Cardinal Kid Pack Choice of: Corn Johnny Pop Brownies	19 Option 1: Mac & Cheese Option 2: Yogurt Cup w/Granola String Cheese Choice of: Steamed Carrots Frozen Fruit Cup
22 Option 1: French Toast Sticks Cheese Omelet Option 2: Turkey & Cheese Sandwich Choice of: Roundabouts Orange Wedges	23 Option 1: Beef Taco Stick w/Queso Option 2: Ham & Cheese Sandwich Choice of: Taco Hummus Cup w/Tortilla Chips Cook's Choice of Fruit	24 Option 1: Popcorn Chicken Garlic Toast Option 2: Italian Deli Sandwich Choice of: Steamed Carrots Mandarin Oranges	25 Option 1: BBQ Shredded Pork Sandwich Option 2: Cardinal Kid Pack Choice of: Green Beans Fresh Citrus Fruit Cup	26 Option 1: Grilled Cheese Sandwich w/Tomato Soup Option 2: Yogurt Cup w/Granola String Cheese Choice of: Garden Spinach Salad Applesauce Cup
29 Option 1: Funnel Cake Egg Patties Option 2: Turkey & Cheese Sandwich Choice of: Tater Tots Red, White, & Blue Fruit Salad	30 Option 1: Beef Nachos w/Lettuce & Tomato (on the side) Option 2: Ham & Cheese Sandwich Choice of: Refried Beans Orange Wedges Mini Cinnamon Sugar Donuts	31 Option 1: Chicken Drumstick Garlic Toast Option 2: Italian Deli Sandwich Choice of: Cauliflower w/Cheese Cook's Choice of Fruit		

MENU CREATED BY IP @ AH

**MEAL PRICES
K-4 STUDENT LUNCH: \$3.00
REDUCED STUDENT: \$0.40
ADULT LUNCH: \$4.85
MILK: \$0.50

***THIS IS AN EQUAL
OPPORTUNITY PROVIDER

****IF YOU WANT TO
PURCHASE JUST A MILK,
YOU MUST HAVE MONEY IN
YOUR LUNCH ACCOUNT

REMINDERS:

NO SCHOOL
JANUARY 1ST & 8TH
2ND SEMESTER
STARTS 1/9/24

ALL STUDENTS MUST TAKE A
FRUIT OR A VEGGIE...OR
THEY CAN TAKE BOTH!
THEY ARE REQUIRED TO
TAKE AT LEAST ONE OF THE
TWO.

january 2024

bms menu

MON	TUE	WED	THU	FRI
1 No School	2 Eggo® Waffles Cheese Omelet Hash Brown Patty Diced Apricots Alternate Line: Cheesy Garlic Bread Breaded Chicken Sandwich & Fries	3 Chicken Nuggets Mashed Potatoes Mandarin Oranges Roll w/Butter Alternate Line: Hot Dog & Fries Nachos	4 Pizza Crunchers w/Marinara Cups Baked Beans Craisins® Alternate Line: Bacon Cheeseburger & Fries Mr. Rib & Fries	5 Cheese Lasagna Roll-Ups Ranch Veggie Salad Breadstick Frozen Fruit Cup Alternate Line: Soft Pretzel w/Cheese Sauce Chicken Nuggets
8 No School	9 Breaded Chicken Sandwich Sweet Potato Fries Apple Slices Chef Salad Alternate Line: Cheesy Garlic Bread Cheeseburger & Fries	10 Shredded Turkey & Gravy over Mashed Potatoes Grapes Roll w/Butter Chef Salad Alternate Line: Pretzel Dog & Fries Nachos	11 Mini Corn Dogs Baked Beans Mixed Fruit Chef Salad Alternate Line: Stuffed Crust Cheese Pizza Spicy Breaded Chicken Sandwich & Fries	12 Wild Mike's® Cheese Bites w/Marinara Cups Tossed Romaine Salad Rosy Applesauce Chef Salad Alternate Line: Soft Pretzel w/Cheese Sauce Popcorn Chicken
15 Pancakes Egg Patties Tater Tots Blueberries Oriental Chicken Salad Alternate Line: Cheeseburger & Fries Stuffed Crust Pepperoni Pizza	16 Walking Tacos Seasoned Black Beans Kiwi Halves Oriental Chicken Salad Alternate Line: Cheesy Garlic Bread Breaded Chicken Sandwich & Fries	17 Chicken Strips Green Beans Cook's Choice of Fruit Breadstick Oriental Chicken Salad Alternate Line: Hot Dog & Fries Nachos	18 Personal Deep Dish Cheese Pizza Steamed Broccoli w/Cheese Sauce Craisins® Oriental Chicken Salad Alternate Line: Bacon Cheeseburger & Fries Buffalo Chicken Bites	19 Mac & Cheese Little Smokies Steamed Carrots Frozen Fruit Cup Oriental Chicken Salad Alternate Line: Soft Pretzel w/Cheese Sauce Chicken Strips
22 French Toast Sticks Cheese Omelet Roundabouts Orange Wedges Chef Salad Alternate Line: Cheeseburger & Fries Stuffed Crust Pepperoni Pizza	23 Beef Taco Stick w/Queso Taco Hummus Cup w/Tortilla Chips Cook's Choice of Fruit Chef Salad Alternate Line: Cheesy Garlic Bread Breaded Chicken Sandwich & Fries	24 Orange Chicken Steamed Rice Steamed Carrots Mandarin Oranges Fortune Cookie Chef Salad Alternate Line: Pretzel Dog & Fries Nachos	25 BBQ Shredded Pork Sandwich Green Beans Fresh Citrus Fruit Cup Chef Salad Alternate Line: Stuffed Crust Cheese Pizza Bacon Cheeseburger & Fries	26 Grilled Cheese Sandwich w/Tomato Soup Garden Spinach Salad Applesauce Cup Chef Salad Alternate Line: Soft Pretzel w/Cheese Sauce Buffalo Chicken Bites
29 Funnel Cake Egg Patties Tater Tots Red, White, & Blue Fruit Salad BLT Salad Alternate Line: Cheeseburger & Fries Stuffed Crust Pepperoni Pizza	30 Beef Nachos w/Lettuce & Tomato (on the side) Refried Beans Orange Wedges Cinnamon Sugar Donuts BLT Salad Alternate Line: Cheesy Garlic Bread Breaded Chicken Sandwich & Fries	31 Chicken Drumstick Cauliflower w/Cheese Sauce Cook's Choice of Fruit Garlic Toast BLT Salad Alternate Line: Hot Dog & Fries Nachos		

* menus are subject to change

** meal prices
bms student lunch: \$3.00
reduced student: \$0.40
adult lunch: \$4.85
milk: \$0.50

*** this is an equal opportunity provider

**** if you want to purchase just a milk; you must have money in your lunch account

reminders:

no school
january 1st & 8th
2nd semester starts
1/9/24

JANUARY 2024

NHS MENU

***MENUS ARE SUBJECT TO CHANGE**

MON	TUE	WED	THU	FRI
1 NO SCHOOL	2 Eggo® Waffles Cheese Omelet Hash Brown Patty Diced Apricots Alternate Line: Cheesy Garlic Bread Breaded Chicken Sandwich & Fries Cook's Choice	3 Chicken Nuggets Mashed Potatoes Mandarin Oranges Roll w/Butter Alternate Line: Hot Dog & Fries Nachos w/Cheese Sauce Cook's Choice	4 Pizza Crunchers w/Marinara Cups Baked Beans Craisins® Alternate Line: Bacon Cheeseburger & Fries Nashville Hot Chicken Strips Cook's Choice	5 Pasta Bar (rotini, meat sauce, marinara sauce, marinara with meatballs) Ranch Veggie Salad Breadstick Frozen Fruit Cup Alternate Line: Chicken Nuggets Pizza Crunchers w/Marinara Cook's Choice of Pizza
8 NO SCHOOL	9 Breaded Chicken Sandwich Sweet Potato Fries Apple Slices Chef Salad Alternate Line: Cheesy Garlic Bread Cheeseburger & Fries Cook's Choice	10 Shredded Turkey & Gravy over Mashed Potatoes Grapes Roll w/Butter Chef Salad Alternate Line: Crispitos® Assorted Pizza Cook's Choice	11 Mini Corn Dogs Baked Beans Mixed Fruit Chef Salad Alternate Line: Stuffed Crust Cheese Pizza Spicy Breaded Chicken Sandwich & Fries Cook's Choice	12 Wild Mike's® Cheese Bites w/Marinara Cups Tossed Romaine Salad Rosy Applesauce Chef Salad Alternate Line: Popcorn Chicken Mini Corn Dogs Cook's Choice of Pizza
15 Pancakes Egg Patties Sausage Links Tater Tots Blueberries Oriental Chicken Salad Alternate Line: Cheeseburger & Fries Stuffed Crust Pepperoni Pizza Cook's Choice	16 Walking Tacos Seasoned Black Beans Kiwi Halves Oriental Chicken Salad Alternate Line: Cheesy Garlic Bread Breaded Chicken Sandwich & Fries Cook's Choice	17 Chicken Strips Green Beans Cook's Choice of Fruit Breadstick Oriental Chicken Salad Alternate Line: Bratwurst & Fries Beef Nachos Cook's Choice	18 Personal Deep Dish Cheese Pizza Steamed Broccoli Craisins® Oriental Chicken Salad Alternate Line: Bacon Cheeseburger & Fries Buffalo Chicken Bites Cook's Choice	19 Mac & Cheese Little Smokies Steamed Carrots Frozen Fruit Cup Oriental Chicken Salad Alternate Line: Chicken Strips & Fries Breaded Pork Chops w/Mashed Potatoes & Country Gravy Cook's Choice of Pizza
22 French Toast Sticks Cheese Omelet Roundabouts Orange Wedges Chef Salad Alternate Line: Cheeseburger & Fries Stuffed Crust Pepperoni Pizza Cook's Choice	23 Build your own Burrito Refried Beans Cook's Choice of Fruit Chef Salad Alternate Line: Personal Deep Dish Pizza Breaded Chicken Sandwich & Fries Cook's Choice	24 Orange Chicken Steamed Rice Steamed Carrots Mandarin Oranges Fortune Cookie Chef Salad Alternate Line: Pretzel Dog & Fries Bosco® Sticks w/Marinara Cook's Choice	25 BBQ Shredded Pork Sandwich Green Beans Fresh Citrus Fruit Cup Chef Salad Alternate Line: Stuffed Crust Cheese Pizza Orange Chicken Steamed Rice Cook's Choice	26 Grilled Cheese Sandwich & Tomato Soup Garden Spinach Salad Applesauce Cup Chef Salad Alternate Line: Bacon Cheeseburger & Fries Mr. Rib Sandwich Cook's Choice of Pizza
29 Funnel Cake w/Powdered Sugar Cheese Omelet Tater Tots Red, White, & Blue Fruit Salad BLT Salad Alternate Line: Cheeseburger & Fries Stuffed Crust Pepperoni Pizza Cook's Choice	30 Beef Nachos w/Lettuce & Tomato (on the side), Refried Beans Orange Wedges Cinnamon Sugar Donuts BLT Salad Alternate Line: Cheesy Garlic Bread Breaded Chicken Sandwich & Fries Cook's Choice	31 Chicken Drumstick Cauliflower w/Cheese Sauce Cook's Choice of Fruit Garlic Toast BLT Salad Alternate Line: Junk Yard Dog (cheese sauce & bacon) & Fries Beef Nachos Cook's Choice		

****MEAL PRICES**
STUDENT LUNCH: \$3.25
REDUCED STUDENT: \$0.40
ADULT LUNCH: \$4.85
MILK: \$0.50

*****THIS IS AN EQUAL OPPORTUNITY PROVIDER**

******IF YOU WANT TO PURCHASE JUST A MILK, YOU MUST HAVE MONEY IN YOUR LUNCH ACCOUNT**

REMINDERS:
NO SCHOOL
JANUARY 1ST & 8TH
2ND SEMESTER
STARTS 1/9/24

JANUARY 2024

WEST MENU

***MENUS ARE SUBJECT TO CHANGE**

MON	TUE	WED	THU	FRI
1 No School	2 Eggo® Waffles Cheese Omelet Hash Brown Patty Diced Apricots	3 Chicken Nuggets Mashed Potatoes Mandarin Oranges Roll w/Butter	4 Pizza Crunchers w/Marinara Cups Baked Beans Craisins®	5 Pasta Bar Ranch Veggie Salad Breadstick Frozen Fruit Cup
8 No School	9 Breaded Chicken Sandwich Sweet Potato Fries Apple Slices Chef Salad	10 Shredded Turkey Mashed Potatoes & Gravy Grapes Roll w/Butter Chef Salad	11 Mini Corn Dogs Baked Beans Mixed Fruit Chef Salad	12 Wild Mike's® Cheese Bites w/Marinara Tossed Romaine Salad Rosy Applesauce Chef Salad
15 Pancakes Egg Patties Sausage Links Tater Tots Blueberries Oriental Chicken Salad	16 Walking Tacos Seasoned Black Beans Kiwi Halves Oriental Chicken Salad	17 Chicken Strips Green Beans Cook's Choice of Fruit Breadstick Oriental Chicken Salad	18 Personal Deep Dish Cheese Pizza Steamed Broccoli Craisins® Oriental Chicken Salad	19 Mac & Cheese Steamed Carrots Frozen Fruit Cup Oriental Chicken Salad
22 French Toast Sticks Cheese Omelet Roundabouts Orange Wedges Chef Salad	23 Build your own Burrito Refried Beans Cook's Choice of Fruit Chef Salad	24 Orange Chicken over Steamed Rice Steamed Carrots Mandarin Oranges Fortune Cookie Chef Salad	25 BBQ Shredded Pork Sandwich Green Beans Fresh Citrus Fruit Cup Chef Salad	26 Grilled Cheese Sandwich & Tomato Soup Garden Spinach Salad Applesauce Cup Chef Salad
29 Funnel Cake w/Powdered Sugar Cheese Omelet Tater Tots Red, White, & Blue Fruit Salad BLT Salad	30 Beef Nachos w/Lettuce & Tomato (on the side), Salsa, Sour Cream Refried Beans Orange Wedges Cinnamon Sugar Donuts BLT Salad	31 Chicken Drumstick Cauliflower w/Cheese Sauce Cook's Choice of Fruit Garlic Toast BLT Salad		If you would prefer a cold entrée instead, you can choose from a turkey & cheese sandwich or an Uncrustable®.

****MEAL PRICES**
STUDENT LUNCH: \$3.25
REDUCED STUDENT: \$0.40
ADULT LUNCH: \$4.85
MILK: \$0.50

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REMINDER:

NO SCHOOL

1/1 & 1/8