



OCTOBER 2023

ELEMENTARY LUNCH MENU



MON	TUE	WED	THU	FRI
2 Funnel Cake w/powdered sugar & syrup OR Turkey & Cheese Sandwich Choice of: Hashbrown Patty Fruit Salad	3 Totchos OR Ham & Cheese Sandwich Choice of: Refried Beans Orange Wedges	4 Chicken Drumstick Roll w Butter OR Italian Deli Sandwich w Cheese Choice of: Mashed Potatoes Peas Fruit (Cook's Choice)	5 Cheeseburger OR Cardinal Kid Pack Choice of: Smiley Fries Apple Slices	6 French Bread Cheese Pizza OR Yogurt Cup w Granola & String Cheese Choice of: Broccoli w Ranch Strawberry Cup Homemade Marshmallow Treat
9 Taco Pizza OR Turkey & Cheese Sandwich Choice of: Clementine Scooby Snacks w Chocolate Dip	10 Shredded Beef & Gravy Roll w Butter OR Ham & Cheese Sandwich Choice of: Mashed Potatoes Green Grapes	11 Chili OR Italian Deli Sandwich w Cheese Choice of: Carrots Cinnamon Baked Apples Cinnamon Roll	12 All Beef Hot Dog OR Cardinal Kid Pack Choice of: Seasoned Potato Wedges Banana	13 Italian Dunkers w Marina OR Yogurt Cup w Granola & String Cheese Choice of: Romaine Salad Triple Berry Johnny Pop
16 Pancakes w Syrup Cheese Omelet OR Turkey & Cheese Sandwich Choice of: Tater Tots Fruit Fluff	17 Beef Nachos OR Ham & Cheese Sandwich Choice of: Seasoned Black Beans Watermelon Raisels Churro	18 Popcorn Chicken Garlic Toast OR Italian Deli Sandwich w Cheese Choice of: Carrots Dried Cherries	19 Pepperoni Pizza OR Cardinal Kid Pack Choice of: Peas Red & Green Grapes	20 No School
23 No School	24 Spaghetti w Meat Sauce Garlic Toast OR Ham & Cheese Sandwich Choice of: Green Beans Applesauce	25 Corn Dog OR Italian Deli Sandwich w Cheese Choice of: Fries Banana	26 Meatball Marinara Hoagie OR Cardinal Kid Pack Choice of: Romaine Salad Pears	27 Cheese Pizza OR Yogurt Cup w Granola & String Cheese Choice of: Sweet Potato Waffle Fries Strawberry Cup Creamsicle Dessert
30 Eggo Waffles w Syrup Cheese Omelet OR Turkey & Cheese Sandwich Choice of: Hashbrown Patty Candy Corn Parfait	31 Mummy Dogs *Pretzel-wrapped hot dogs OR Ham & Cheese Sandwich Choice of: Terrifying Tex Mex Beans Frosty Eyeballs *frozen grapes Boo Berry Crisp			

***MENUS ARE SUBJECT TO CHANGE**

****MEAL PRICES**
K-4 STUDENT LUNCH: \$3.00
REDUCED STUDENT: \$0.40
ADULT LUNCH: \$4.85
MILK: \$0.50

*****THIS IS AN EQUAL OPPORTUNITY PROVIDER**

******IF YOU WANT TO PURCHASE JUST A MILK, YOU MUST HAVE MONEY IN YOUR LUNCH ACCOUNT**



OCTOBER 2023

BMS LUNCH MENU

MON

2 Funnel Cake w/powdered sugar & syrup
Hash Brown Patty
Cheese Omelet
Fruit Salad
Alternate Line
General Tso's Chicken
Nachos
Salad of the Week
BLT & Breadstick

9 Fiestada Taco Pizza
Clementine
Scooby Snacks w/Chocolate Dip
Alternate Line
Walking Taco
Nachos
Salad of the Week
Chef & Roll

16 Pancakes w/ Syrup
Cheese Omelet
Tater Tots
Fruit Fluff
Alternate Line
Orange Chicken
Nachos
Salad of the Week
Chicken Caesar & Breadstick

23 No School

30 Eggo Waffles w/ Syrup
Cheese Omelet
Hash Brown Patty
Candy Corn Parfait
Alternate Line
Taco Burger
Nachos
Salad of the Week
Southwestern & Corn Muffin

TUE

3 Totchos
Refried Beans
Orange Wedges
Alternate Line
Old School Rectangle
Sausage Pizza
Garlic Cheese Pizza
Salad of the Week
BLT & Breadstick

10 Shredded Beef & Gravy
Roll w/ Butter
Mashed Potatoes
Green Grapes
Alternate Line
Pepperoni Pizza
Cheese Bites
Salad of the Week
Chef & Roll

17 Beef Nachos
Seasoned Black Beans
Watermelon Raisels
Churro
Alternate Line
Chicken Quesadilla
Chicken Sandwich & Tots
Salad of the Week
Chicken Caesar & Breadstick

24 Spaghetti w/ Meat Sauce
Garlic Toast
Green Beans
Applesauce
Alternate Line
Cheese Pizza
Chicken Sandwich & Fries
Salad of the Week
Chef & Roll

31 Terrifying Tex Mex Beans
Frosty Eyeballs *frozen grapes
Boo Berry Crisp
Alternate Line
Cheesy Garlic Tombstones
Mummy Dog *pretzel-wrapped hot dog
Salad of the Week
Southwestern & Corn Muffin

WED

4 Chicken Drumstick
Roll w/ Butter
Mashed Potatoes
Peas
Fruit (Cook's Choice)
Alternate Line
Chicken Sandwich
Nachos
Salad of the Week
BLT & Breadstick

11 Chili
Carrots
Cinnamon Baked Apples
Cinnamon Roll
Alternate Line
Chicken Sandwich & Tots
Nachos
Salad of the Week
Chef & Roll

18 Popcorn Chicken
Garlic Toast
Carrots
Dried Cherries
Alternate Menu
Bosco Sticks
Nachos
Salad of the Week
Chicken Caesar & Breadstick

25 Sweet & Sour Chicken
Steamed Rice
Stir Fry Veggies
Banana
Alternate Line
Pizza Crunchers
Nachos
Salad of the Week
Chef & Roll

THU

5 Cheeseburger
Smiley Fries
Apple Slices
Alternate Line
Hot Dog & Fries
Chicken Strips
Salad of the Week
BLT & Breadstick

12 All Beef Hot Dog
Seasoned Potato
Wedges
Banana
Alternate Line
Cheeseburger & Fries
Pretzel w/ Cheese
Salad of the Week
Chef & Roll

19 Pepperoni Pizza
Peas
Red & Green Grapes
Alternate Menu
Cheeseburger & Fries
Popcorn Chicken
Salad of the Week
Chicken Caesar & Breadstick

26 Meatball Marinara
Hoagie
Romaine Salad
Pears
Alternative Line
Hot Dog & Fries
Chicken Nuggets
Salad of the Week
Chef & Roll

FRI

6 French Bread
Cheese Pizza
Broccoli w/ Ranch
Strawberry Cup
Marshmallow Treat
Alternate Line
Pepperoni Pizza
Pretzel w/ Cheese
Salad of the Week
BLT w/ Breadstick

13 Italian Dunkers
w/ Marina
Romaine Salad
Triple Berry Johnny Pop
Alternate Line
Chicken Quesadilla
Mini Corn Dogs
Salad of the Week
Chef & Roll

20 No School

27 Cheese Pizza
Sweet Potato
Waffle Fries
Strawberry Cup
Creamsicle Dessert
Alternate Line
Quesadilla Pizza
Pretzel w/ Cheese
Salad of the Week
Chef & Roll

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OCTOBER 2023

NHS & WEST LUNCH MENU

MON	TUE	WED	THU	FRI
<p>2 Funnel Cake w powdered sugar & syrup Hash Brown Patty Cheese Omelet Fruit Salad Salad of the Week BLT & Breadstick</p>	<p>3 Totchos Tex Mex Beans Orange Wedges Salad of the Week BLT & Breadstick</p>	<p>4 Chicken Drumstick Roll w Butter Mashed Potatoes Peas Fruit (Cook's Choice) Salad of the Week BLT & Breadstick</p>	<p>5 Cowboy Burger Smiley Fries Apple Slices Salad of the Week BLT & Breadstick</p>	<p>6 Meatball Marinara Hoagie Broccoli w Ranch Strawberry Cup Marshmallow Treat Salad of the Week BLT w Breadstick</p>
<p>9 Chicken Fajitas Fajita Blend Peppers & Onions Spanish Rice Clementine Scooby Snacks w Chocolate Dip Salad of the Week Chef & Roll</p>	<p>10 Hot Beef Sundae Roll w Butter Green Grapes Salad of the Week Chef & Roll</p>	<p>11 Chili Carrots Cinnamon Baked Apples Cinnamon Roll Salad of the Week Chef & Roll</p>	<p>12 Hot Dog OR Chili-Cheese Dog Potato Wedges Cook's Choice of Fruit Salad of the Week Chef & Roll</p>	<p>13 Sweet Thai Boneless Chicken Wing Bowl Romaine Salad Triple Berry Johnny Pop Salad of the Week Chef & Roll</p>
<p>16 Breakfast Tacos Tater Tots Fruit Fluff Salad of the Week Chicken Caesar & Breadstick</p>	<p>17 Box Lunches American Sub Baked Lay's - BBQ Assorted Fresh Fruits & Veggies Chocolate Chip Cookie</p>	<p>18 Popcorn Chicken Bowl Dried Cherries Roll w Butter Salad of the Week Chicken Caesar & Breadstick</p>	<p>19 Box Lunches Turkey & Cheese Hoagie Cool Ranch Doritos Assorted Fresh Fruits & Veggies Triple Chocolate Cookie</p>	<p>20 No School</p>
<p>23 No School</p>	<p>24 Spaghetti w Meat Sauce Garlic Toast Green Beans Applesauce Salad of the Week Chef & Roll</p>	<p>25 Sweet & Sour Chicken Steamed Rice Stir Fry Veggies Banana Fortune Cookie Salad of the Week Chef & Roll</p>	<p>26 Homemade Chicken Noodle Soup Romaine Salad Pears Roll w Butter Salad of the Week Chef & Roll</p>	<p>27 Cheese Pizza Sweet Potato Fries Strawberry Cup Creamsicle Dessert Salad of the Week Chef & Roll</p>
<p>30 Sausage, Egg, & Cheese Biscuit OR Granola Parfait Hash Brown Patty Candy Corn Parfait Salad of the Week Southwestern & Corn Muffin</p>	<p>31 Tacos Terrifying Tex Mex Beans Frosty Eyeballs *frozen grapes Boo Berry Crispies Salad of the Week Southwestern & Corn Muffin</p>			

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