

SEPTEMBER 2023

ELEMENTARY LUNCH MENU

MON	TUE	WED	THU	FRI
				1 Cheese Pizza OR Cheese Pizza Kit <u>Sides</u> Sweet Potato Fries Frozen Strawberries Cookie
4 No School	5 Tacos OR Ham & Cheese Sandwich <u>Sides</u> Taco Fiesta Beans Diced Apricots	6 Chicken Nuggets Roll w Butter OR Italian Deli Sandwich w cheese <u>Sides</u> Mashed Potatoes Mandarin Oranges	7 Pizza Crunchers w marinara OR Cardinal Kid Pack <u>Sides</u> Spinach Salad Craisins	8 Cheese Lasagna Roll Ups w Breadstick OR Yogurt Cup w Granola & String Cheese <u>Sides</u> Salad Peach Cup
11 Breaded Chicken Sandwich OR Turkey & Cheese Sandwich <u>Sides</u> Sweet Potato Fries Parfait	12 Taco Salad OR Ham & Cheese Sandwich <u>Sides</u> Corn Apple Slices w Strawberry Yogurt Dip	13 Shredded Turkey & Gravy, Roll w Butter OR Italian Deli Sandwich w cheese <u>Sides</u> Mashed Potatoes Grapes	14 Mini Corndogs OR Cardinal Kid Pack <u>Sides</u> Baked Beans Mixed Fruit Ice Cream Sandwich	15 Cheese Bites w Marinara OR Cheese Pizza Kit <u>Sides</u> Salad Applesauce
18 Mini Pancakes Egg Patties OR Turkey & Cheese Sandwich <u>Sides</u> Tater Tots Diced Mango	19 Walking Taco OR Ham & Cheese Sandwich <u>Sides</u> Ranch Style Beans Kiwi	20 Chicken Strips Breadstick OR Italian Deli Sandwich w cheese <u>Sides</u> Mashed Potatoes Fruit	21 Personal Deep Dish Cheese Pizza OR Cardinal Kid Pack <u>Sides</u> Steamed Broccoli Craisins Brownie	22 BBQ Little Smokies Mac & Cheese OR Yogurt Cup w Granola & String Cheese <u>Sides</u> Sweet Potato Fries Frozen Orange Pineapple Cherry Slushie
25 No School	26 Beef & Cheese Taco Sticks OR Ham & Cheese Sandwich <u>Sides</u> Taco Hummus Tortilla Chips Grapes	27 Orange Chicken Fortune Cookie OR Italian Deli Sandwich w cheese <u>Sides</u> Rice Veggie Blueberries & Strawberries	28 BBQ Pork Sandwich OR Cardinal Kid Pack <u>Sides</u> Curly Fries Applesauce	29 Grilled Cheese Tomato Soup OR Cheese Pizza Kit <u>Sides</u> Salad Citrus Fruit Cup Red Pride Cookie

*MENUS ARE SUBJECT TO CHANGE

**MEAL PRICES

K-4 LUNCH STUDENT: \$3.00

REDUCED STUDENT: \$0.40

ADULT LUNCH: \$4.85

MILK: \$0.50

***THIS IS AN EQUAL OPPORTUNITY PROVIDER

****IF YOU WANT TO PURCHASE JUST A MILK, YOU MUST HAVE MONEY IN YOUR LUNCH ACCOUNT



SEPTEMBER 2023

BERG MIDDLE SCHOOL LUNCH MENU

MON	TUE	WED	THU	FRI
				1 Cheese Pizza Sweet Potato Fries Frozen Strawberries Cookie <u>Alternate Line</u> Quesadilla Pizza Soft Pretzel
4 No School	5 Tacos Taco Fiesta Beans Diced Apricots <u>Alternate Line</u> Cheese Quesadilla Pizza Pepperoni French Bread	6 Chicken Nuggets Roll w Butter Mashed Potatoes Mandarin Oranges <u>Alternate Line</u> Chicken sandwich Tots Nachos	7 Pizza Crunchers w marinara Spinach Salad Craisins Apple Crisp <u>Alternate Line</u> Cheeseburger & fries Chicken Strips	8 Cheese Lasagna Roll Ups w Breadstick Salad Peach Cup <u>Alternate Line</u> Stuffed Crust Pepperoni Pizza Soft Pretzel
11 Breaded Chicken Sandwich Sweet Potato Fries Parfait <u>Alternate Line</u> Mandarin Chicken & Rice	12 Taco Salad Corn Apple Slices w Strawberry Yogurt Dip <u>Alternate Line</u> Stuffed Crust Pepperoni Pizza Bosco Sticks	13 Shredded Turkey & Gravy, Roll w Butter Mashed Potatoes Grapes <u>Alternate Line</u> Chicken Sandwich Nachos	14 Mini Corndogs Baked Beans Mixed Fruit Ice Cream Sandwich <u>Alternate Line</u> Cheeseburger & fries Hotdog	15 Cheese Bites w Marinara Salad Applesauce <u>Alternate Line</u> Old School Rectangle Pepperoni Pizza
18 Mini Pancakes Egg Patties Tater Tots Diced Mango <u>Alternate Line</u> Beef & Cheese Taco Sticks Nachos	19 Walking Taco Seasoned Black Beans Kiwi <u>Alternate Line</u> Old School Rectangle Pepperoni Pizza	20 Chicken Strips Breadstick Mashed Potatoes Fruit <u>Alternate Line</u> Chicken Sandwich Tots Nachos	21 Personal Deep Dish Cheese Pizza Steamed Broccoli Craisins Brownie <u>Alternate Line</u> Cheeseburger & Fries Popcorn Chicken	22 BBQ Little Smokies Mac & Cheese Sweet Potato Fries Frozen Orange Pineapple Cherry Slushie <u>Alternate Line</u> Old School Rectangle Pepperoni Pizza Soft Pretzel
25 No School	26 Beef & Cheese Taco Sticks Taco Hummus Tortilla Chips Grapes <u>Alternate Line</u> Old School Rectangle Pepperoni Pizza Italian Dunkers	27 Orange Chicken Fortune Cookie Rice Veggie Blueberries & Strawberries <u>Alternate Line</u> Chicken Sandwich Tots Nachos	28 BBQ Pork Sandwich Curly Fries Applesauce <u>Alternate Line</u> Cheeseburger Chicken Nuggets	29 Grilled Cheese Tomato Soup Salad Citrus Fruit Cup Red Pride Cookie <u>Alternate Line</u> Old School Rectangle Pepperoni Pizza Soft Pretzel

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TO CHANGE**

****MEAL PRICES**

BMS LUNCH STUDENT: \$3.25

REDUCED STUDENT: \$0.40

ADULT LUNCH: \$4.85

MILK: \$0.50

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******IF YOU WANT TO
PURCHASE JUST A MILK OR
ALA CART ITEMS, YOU MUST
HAVE MONEY IN YOUR
LUNCH ACCOUNT**



SEPTEMBER 2023

WEST LUNCH MENU



**Where
Everyone
Succeeds
Together**

**MENUS ARE SUBJECT
TO CHANGE**

**THIS IS AN EQUAL
OPPORTUNITY PROVIDER**

**IF YOU WANT TO PURCHASE JUST A
MILK, YOU MUST HAVE MONEY IN
YOUR LUNCH ACCOUNT**

MON	TUE	WED	THU	FRI
				1 Cheese Pizza Sweet Potato Fries Frozen Strawberries Cookie <u>Salad of the Week</u> Chef Salad & Roll
4 No School	5 Tacos Taco Fiesta Beans Diced Apricots <u>Salad of the Week</u> Southwestern Corn Muffin	6 Chicken Nuggets Roll w Butter Mashed Potatoes Mandarin Oranges <u>Salad of the Week</u> Southwestern Corn Muffin	7 Pizza Crunchers w marinara Spinach Salad Craisins Apple Crisp <u>Salad of the Week</u> Southwestern Corn Muffin	8 Cheese Lasagna Roll Ups w Breadstick Salad Peach Cup <u>Salad of the Week</u> Southwestern Corn Muffin
11 Chicken Cordon Bleu Sandwich Sweet Potato Fries Parfait <u>Salad of the Week</u> Chef Salad & Roll	12 Taco Salad Corn Apple Slices w Strawberry Yogurt Dip <u>Salad of the Week</u> Chef Salad & Roll	13 Shredded Turkey & Gravy, Roll w Butter Mashed Potatoes Grapes <u>Salad of the Week</u> Chef Salad & Roll	14 Mini Corndogs Baked Beans Mixed Fruit Ice Cream Sandwich <u>Salad of the Week</u> Chef Salad & Roll	15 Cheese Bites w Marinara Salad Applesauce <u>Salad of the Week</u> Chef Salad & Roll
18 Hot Honey Chicken Croissant Tater Tots Diced Mango <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin	19 Walking Taco Ranch Style Beans Kiwi <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin	20 Chicken Strips Breadstick Mashed Potatoes Fruit <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin	21 Mr. Rib Cheesy Potatoes Broccoli Craisins Brownie <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin	22 BBQ Little Smokies Mac & Cheese Sweet Potato Fries Frozen Orange Pineapple Cherry Slushie <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin
25 No School	26 Beef & Cheese Taco Sticks Taco Hummus Tortilla Chips Grapes <u>Salad of the Week</u> Chef Salad & Roll	27 Orange Chicken Fortune Cookie Rice Veggie Blueberries & Strawberries <u>Salad of the Week</u> Chef Salad & Roll	28 BBQ Pork Sandwich Curly Fries Applesauce <u>Salad of the Week</u> Chef Salad & Roll	29 Ranch Baked Chicken Salad Citrus Cup Garlic Bread Red Pride Cookie <u>Salad of the Week</u> Chef Salad & Roll

SEPTEMBER 2023

NHS LUNCH MENU

#redprideliveshere

MON	TUE	WED	THU	FRI
				1 Cheese Pizza Sweet Potato Fries Frozen Strawberries Cookie <u>Salad of the Week</u> Chef Salad & Roll
4 No School	5 Tacos Taco Fiesta Beans Diced Apricots <u>Salad of the Week</u> Southwestern Corn Muffin	6 Chicken Nuggets Roll w Butter Mashed Potatoes Mandarin Oranges <u>Salad of the Week</u> Southwestern Corn Muffin	7 Pizza Crunchers w marinara Spinach Salad Craisins Apple Crisp <u>Salad of the Week</u> Southwestern Corn Muffin	8 Pasta Bar Salad Bread Frozen Peach Cup <u>Salad of the Week</u> Southwestern Corn Muffin
11 Chicken Cordon Bleu Sandwich Sweet Potato Fries Parfait <u>Salad of the Week</u> Chef Salad & Roll	12 Taco Salad Corn Apple Slices w Strawberry Yogurt Dip <u>Salad of the Week</u> Chef Salad & Roll	13 Shredded Turkey & Gravy, Roll w Butter Mashed Potatoes Grapes <u>Salad of the Week</u> Chef Salad & Roll	14 Mini Corndogs Baked Beans Mixed Fruit Ice Cream Sandwich <u>Salad of the Week</u> Chef Salad & Roll	15 Vegetable Lo Mein with Chicken Salad Applesauce <u>Salad of the Week</u> Chef Salad & Roll
18 Hot Honey Chicken Croissant Tater Tots Diced Mango <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin	19 Walking Taco Ranch Style Beans Kiwi <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin	20 Chicken Strips Breadstick Mashed Potatoes Fruit <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin	21 Mr. Rib Cheesy Potatoes Broccoli Craisins Brownie <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin	22 BBQ Little Smokies Mac & Cheese Sweet Potato Fries Frozen Orange Pineapple Cherry Slushie <u>Salad of the Week</u> Backyard BBQ Chicken Salad Corn Muffin
25 No School	26 Build Your Own Burrito Refried Beans Grapes <u>Salad of the Week</u> Chef Salad & Roll	27 Orange Chicken Fortune Cookie Rice Veggie Blueberries & Strawberries <u>Salad of the Week</u> Chef Salad & Roll	28 BBQ Pork Sandwich Curly Fries Applesauce <u>Salad of the Week</u> Chef Salad & Roll	29 Cheese Lasagna Roll-Ups OR Ranch Baked Chicken Salad Citrus Cup Garlic Toast Red Pride Cookie <u>Salad of the Week</u> Chef Salad & Roll

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TO CHANGE**

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MILK: \$0.50

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NHS ALTERNATE LINE MENU

MON	TUE	WED	THU	FRI
				1 *Chef Salad & Roll *Mini Chicken Tacos *Cheeseburger *Hot Dog *Grilled Chicken Caesar Wrap
4 No School	5 *Southwestern Salad Corn Muffin *Bosco Sticks *Bacon Cheeseburger *Hot Dog *Cheese Quesadilla Pizza	6 *Southwestern Salad Corn Muffin *Spicy Breaded Chicken Sandwich *Cheeseburger *Beef Pretzel Dog *Cheese Quesadilla Pizza	7 *Southwestern Salad Corn Muffin *Bacon Cheeseburger *Hot Dog *Cheese Quesadilla Pizza	8 *Southwestern Salad Corn Muffin *Mini Chicken Tacos *Cheeseburger *Hot Dog *Cheese Quesadilla Pizza
11 *Chef Salad & Roll *Nashville Hot Chicken Strips *Cheeseburger *Hot Dog *Stuffed Crust Pepperoni Pizza	12 *Chef Salad & Roll *Bosco Sticks *Bacon Cheeseburger *Hot Dog *Stuffed Crust Pepperoni Pizza	13 *Chef Salad & Roll *Sweet & Sour Chicken *Cheeseburger *Hot Dog *Stuffed Crust Pepperoni Pizza	14 *Chef Salad & Roll *Bacon Cheeseburger *Hot Dog *Stuffed Crust Pepperoni Pizza	15 *Chef Salad & Roll *Mini Chicken Tacos *Cheeseburger *Cheese Bites w Marinara
18 *Backyard BBQ Chicken Salad Corn Muffin *Nashville Hot Chicken Strips *Cheeseburger *Hot Dog *Old School Rectangle Pepperoni Pizza	19 *Backyard BBQ Chicken Salad Corn Muffin *Bosco Sticks *Bacon Cheeseburger *Hot Dog *Old School Rectangle Pepperoni Pizza	20 *Backyard BBQ Chicken Salad Corn Muffin *Spicy Breaded Chicken Sandwich *Cheeseburger *Hot Dog *Old School Rectangle Pepperoni Pizza	21 *Backyard BBQ Chicken Salad Corn Muffin *Bacon Cheeseburger *Hot Dog *Old School Rectangle Pepperoni Pizza	22 *Backyard BBQ Chicken Salad Corn Muffin *Mini Chicken Tacos *Cheeseburger *Hot Dog *Old School Rectangle Pepperoni Pizza
25 No School	26 *Chef Salad & Roll *Bosco Sticks *Bacon Cheeseburger *Hot Dog *Dumplings Fried Rice	27 *Chef Salad & Roll *Cooks Choice *Bacon Cheeseburger *Hot Dog *BBQ Chicken Pizza	28 *Chef Salad & Roll *Bacon Cheeseburger *Hot Dog *BBQ Chicken Pizza	29 *Chef Salad & Roll *Mini Chicken Tacos *Cheeseburger Wrap *Hot Dog *BBQ Chicken Pizza

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ITEMS, YOU MUST HAVE
MONEY IN YOUR LUNCH
ACCOUNT

