

Date & Time

Saturday, Nov. 14

- 8-8:30 a.m. Pick-up number & t-shirt @ stadium concession stand
- 9:00 a.m. 5K Run/Walk begins
- 10:00 a.m. Awards ceremony/prizes

Pre-pick up

You may also pick up your t-shirt and number On Friday, Nov. 13 at the Red & Black Shack (high school store) until 4 p.m.

Location

Event begins at the H. A. Lynn Newton Stadium, 1106 W. 6th St. S.

Entry Fee

- \$20 Registration with long sleeved t-shirt
- \$10 Registration, NO t-shirt option
- \$20 Late Entry Fee (after Nov. 4th, t-shirt is NOT available)

Included with Entry Fee

- Long sleeved t-shirt
- Water and snack post race
- Chances for door prizes
- Awards given for best times in gender/age groups

Route

One lap around the high school track, then continuing onto the bike trail that parallels the interstate, running west to the "Welcome to Newton" sign along Hwy 14, then returning to the stadium on the same path. Runners may run on the bike trail or on the grass.

Parking

Stadium area and Maytag Park

Mail Entry To: Newton High School
Cardinal 5K Fun Run
800 E 4th St. S
Newton, IA 50208

In Person At: NHS Office, School
Store, or DECA room 108

2ND ANNUAL CARDINAL 5K



RUN/WALK

**NOVEMBER 14TH
9:00 A.M.**

**AT H.A. LYNN STADIUM
NEWTON, IOWA**

Presented by Newton High School



An Association of Marketing Students

Supporting:
Muscular Dystrophy Association,
Cystic Fibrosis Cure Finders,
& The Heart Connection

Event Questions? Contact Karla Cazett @
792-5797, ext. 2108 or cazettk@newton.k12.ia.us

