



CARDINAL 5K RUN/WALK REGISTRATION FORM

DUE NOVEMBER 4TH

One person per entry form, forms may be photocopied

FIRST NAME

M.I.

LAST NAME

ADDRESS

GENDER M/F

AGE ON 11/14/09

CITY

PHONE NUMBER

E-MAIL ADDRESS

Circle Your Long Sleeved Adult T-Shirt Size: S M L XL XXL XXXL Youth Size: YS YM YL

ENTRY FEE:

Questions? Contact Karla Cazett at 641-792-5797, ext. 2108, cazettk@newton.k12.ia.us

- _____ \$20 Registration, includes a long-sleeved t-shirt
- _____ \$10 Registration, NO t-shirt option
- _____ \$20 Late Entry Fee (after Nov. 4th, t-shirt is NOT available)
- _____ **TOTAL ENCLOSED** (non refundable)

MAIL TO: Newton High School
Cardinal 5K Fun Run
800 E. 4th St. S
Newton, IA 50208

IN PERSON: To NHS office, school store,
or DECA Room 108

I hereby, for myself, and whom ever it may concern, waive any and all rights and claims for damages I may or hereafter have against individuals associated with this event, their representatives and successors for any and all injuries suffered by me in said event and that I am physically fit and satisfactorily trained to participate in it and have no medical or physical conditions that prevent my participation in it. I give my permission for the use of my name and picture in any media account of this event.

Signature of Applicant

Mandatory for **ALL** participants

Date

Signature of parent or guardian if applicant is a under age 18 OR if applicant is a high school student or younger.

Date

(Return this part of the form)

(Keep this part of the form for important event information on the back)

Awards & Prizes!



Winners of awards and prizes will be posted at www.newton.k12.ia.us