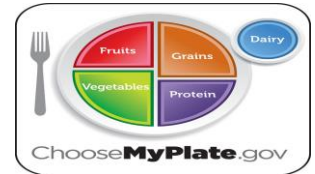




NEWTON COMMUNITY SCHOOLS

LUNCH MENU-OCTOBER 2019

Milk will be served with all meals



Monday	Tuesday	Wednesday	Thursday	Friday
5-12 Additional Fruit/Veg Options 5-12 Alternate Entrees 9-12 Salad Bar Daily	1 *Bosco/Sauce Spinach Salad Baby Carrots Banana *Snickerdoodle	2 *Cheeseburger Baked Tri-Tater Baked Beans Pineapple Melon Salad	3 *Walking Taco (lettuce, cheese, salsa) Steamed Corn Applesauce Raspberry *Churro	4 *Chicken Nuggets M. Potato Steamed Broc/Cheese Orange Slices Homemade *Roll
7 *French Toast/Syrup Baked Wedges Strawberries Vanilla Yogurt HS-Egg Omelet	8 *Chicken Bacon *Wrap (Lettuce & Cheese) Black Bean Salsa Banana *Tortilla Chips	9 *Italian Dunkers/Sauce Romaine Mixed Salad Cherry Tomatoes Cantaloupe/Grapes *Scooby Snack	10 Mandarin *Chicken *Seasoned Rice Stir-Fry Veggies Orange Slices *Fortune Cookie	11 *Shrimp Poppers Sauce *Mac-n-Cheese Steamed Green Beans Pear Slices
New Entrée 14 *Chicken Strips & Waffles Syrup Sweet Potato CrissCut Apple Slices	15 *Mini Corndog Tri-Tater Baked Beans Watermelon Lemon Blueberry *Bites	16 *Chicken Sandwich Spinach Salad w/radishes Onion Rings Banana	17 *Chili/Crackers Fresh Peppers/Carrots Peaches Homemade Cinn. Roll	18 Stuffed Crust *Pizza Romaine Mixed Salad Steamed Corn Raisins
NATIONAL SCHOOL LUNCH WEEK				
21 *Pancakes/Syrup Egg Omelet Baked Tater Tots Strawberries HS-Greek Yogurt	22 *BBQ Pork Sandwich Sweet Potato CrissCut Creamy Coleslaw Banana	23 Cream Chicken on *Biscuit Steamed Mixed Veggies Peach Slices Cottage Cheese	24 *Hotdog Baked Chips Fresh Veggies-Dip Apple Slices w/Caramel	25 NO SCHOOL
28 NO SCHOOL	29 *Pizza Dippers/Sauce Spinach Salad Steamed Corn Orange Slices Choc Chip *Cookie	30 *Popcorn Chicken M. Potato Steamed Broc/Cheese Diced Pears *Breadstick	31 Trick or Treat *Crispito (Chili & Cheese) Spooky Green Beans Boo! 100% Juice Slushy BB *Muffin Squares	

Free/Reduced Lunch Applications at all Building Offices(Re-Apply Yearly)

*Whole Grain Product/Wheat

Alternate Entrée K-4

Mon.-Sunbutter/Jelly Sand/String Cheese
Tues.-Turkey/Cheese Sandwich
Weds.-Ham/Cheese Sandwich
Thurs.-Turkey/Cheese Wrap
Friday-Ham/Cheese Sandwich



Menu Prepared By: **Cristy Croson-SNS**

641-792-5797ext. 2001

"This institution is an equal opportunity provider and employer."

Menu may change without notice

FS Supervisor

Elementary Lunch

\$ 2.75 per day

BMS 5-8th

\$ 2.85 per day

High School 9-12

\$ 2.95 per day

Reduced Lunch

\$.40 per day

Adult Lunch

\$ 3.75 per day

Breakfast (K-4)

\$ 1.40 per day

Breakfast (5-12)

\$ 1.50 per day

Reduced Breakfast

\$.30 per day

Adult Breakfast

\$ 1.75 per day

Account Balance Information

crosonc@newtoncsd.org

Please deposit money on a regular basis and keep a positive balance.