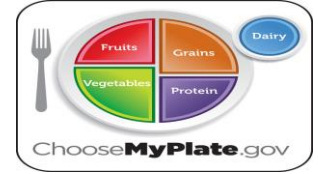


NEWTON COMMUNITY SCHOOLS

BREAKFAST MENU-OCTOBER 2019

Milk will be served with all meals



Monday	Tuesday	Wednesday	Thursday	Friday
	1 *Cereal Bar/Yogurt Peaches 100% Juice Milk	2 *Biscuit/Sausage Gravy Banana 100% Juice Milk	3 *Long John Pineapple Melon 100% Juice Milk	4 Egg Omelet/*Tortilla Raisins 100% Juice Milk
7 *Cereal/*Toast Applesauce 100% Juice Milk	8 Strawberry *Chex/Yogurt Strawberries 100% Juice Milk	9 New Entrée *Chicken on *Biscuit Banana 100% Juice Milk	10 *Cereal Bar/String Cheese Cantaloupe/Grapes 100% Juice Milk	11 Scrambled Eggs/*Toast Orange Slices 100% Juice Milk
14 *Cereal/Cheese Stick Pear Slices 100% Juice Milk	15 Egg/Cheese/Sausage on *Bagel Apple Slices 100% Juice Milk	16 Breakfast *Pizza Watermelon 100% Juice Milk	17 *Nutri-Grain Bar/Yogurt Mixed Fruit 100% Juice Milk	18 *Frudel (Cherry or Apple) Peaches 100% Juice Milk
21 *Cereal/*Toast Raisins 100% Juice Milk	22 *WG Poptart/Yogurt Strawberries 100% Juice Milk	23 Cinnamon Roll Banana 100% Juice Milk	24 Egg/Cheese on *Biscuit Peaches 100% Juice Milk	25 NO SCHOOL
28 NO SCHOOL	29 *Cereal/String Cheese Applesauce 100% Juice Milk	30 *UBR Orange Slices 100% Juice Milk	31 Trick or Treat *Long John Pears 100% Juice Milk	

Please deposit money in your child's account on a regular basis.

(menu may change without notice)

*Whole Grain Product/Wheat
100% Juice



Alternate Entrée (k-4)

Mon-Fri-*Cereal/*Toast

Alternate Entrées Daily (5-12)

Menu Prepared By: **Cristy Croson-SNS**

Food Service Supervisor

641-792-5797ext. 2001

"This institution is an equal opportunity provider and employer."

Breakfast (K-4)	\$ 1.40 per day
Breakfast (5-12)	\$ 1.50 per day
Reduced Breakfast	\$.30 per day
Adult Breakfast	\$ 1.75 per day

Elementary Lunch	\$ 2.75 per day
BMS 5-8th	\$ 2.85 per day
High School 9-12	\$ 2.95 per day
Reduced Lunch	\$.40 per day
Adult Lunch	\$ 3.75 per day

Account Balance Information

crosonc@newtoncsd.org

FREE & REDUCED LUNCH APPLICATIONS

(available all school building offices)